

A personal approach

Making Space works with people who are variously experiencing mental health conditions, learning disabilities and dementia – and their carers – helping them shape their lives based on their own personal aspirations and circumstances.

Employment development services are central to the Making Space vision of giving those people the freedom to enjoy an everyday life and, as with all of our services, they are completely personalised to each individual and delivered with dignity, compassion and humanity.

Throughout England and Wales, Making Space helps more than 7,000 people by providing the most appropriate care services to assist with their mental wellbeing. We offer family intervention services, employment, education and day services, supported housing, various care homes, residential accommodation, clinical services, computerised cognitive behavioural therapy (CCBT) and other services for carers* whose lives are often also deeply affected (*see back page).



Additional Services for Carers

Making Space also offers services including:

- Carer Support Services including Psycho Social
- Adults & Over 65's Carer Breaks/Respite
- Information & Advice
- Training Workshops
- Carer Development
- Support Groups
- Carer Assessments
- Carer Befriending

Want to know more?

Making Space is hugely experienced in delivering the most appropriate specialist help for people living with mental health conditions and learning disabilities.

For further support and information please contact your local Making Space Employment Development Worker.



MAKING SPACE
LYNE HOUSE, 46 ALLEN STREET,
WARRINGTON, CHESHIRE WA2 7JB

TEL 01925 571680
FAX 01925 231402
EMAIL ENQUIRIES@MAKINGSPACE.CO.UK
WWW.MAKINGSPACE.CO.UK



INVESTORS
IN PEOPLE



MINDFUL
EMPLOYER



Employment Development Services



THE FREEDOM TO ENJOY AN EVERYDAY LIFE

Working on a brighter future

For people living with, or recovering from, various mental health conditions, the key to experiencing an everyday life is often as simple as being able to work. Being in a position to earn a living can hugely enhance the feeling of self-reliance and independence. And voluntary work, too, can have a major and positive influence on self-esteem.

For almost 30 years, Making Space has recognised that this is an area needing specialist advice and guidance, and has developed training and support programmes designed specifically to help people gain access to the appropriate types of employment and challenges.

So, whether you're aiming for full or part-time employment, paid or unpaid, we can give you invaluable expert advice, including information on work experience or supported permitted work where benefits are still means tested.

The tools for the job

There's no 'one-size-fits-all' answer to the perfect preparation for work. It's very much down to the highly personal needs and ambitions of each individual. That's why we're always guided and influenced by each person's aspirations. Which means the first thing we need to do is find out more about you. For example...

Do you have previous work experience?

Can we build on your existing skills?

Are you suited to a manual, service or office based position?

Do you have a CV we can enhance?

Do you need help writing application forms?

Do you want to practice for interviews?

Are you registered with the Job Centre?

Would access to Further or Higher Education help you?

Could a short course of study, including communication and confidence skills building, make a difference?

Did you know that, in many circumstances, access to work will not adversely affect benefits?

'Build Skills, Build Confidence'

Making Space can help you make big strides in developing your communication skills...one of the most important aspects in building confidence and self-awareness so you're better equipped to make positive moves towards rewarding work and an enriched experience of life.

If the 'Build Skills, Build Confidence' course is right for you, you'll be involved in team-building day trips where you'll take part in enjoyable group activities which reinforce the importance of working in a team.

It works!

A Making Space Employment Development Worker recently received the following e-mail

Hi Dan,

Have just submitted my application to UCAS!!! Just want to say THANK YOU for all your support, patience and guidance through this process, it really has been invaluable. You worked at my pace, empowering me and gently encouraging me to plan for the future and broke this down into achievable steps. Your open manner, flexibility and sense of humour helped me to feel valued and at ease. Who would have thought that the dithering person who could not be sure of her future and greeted any suggestion with pessimism when she first met you back in April, could now be the decisive, hope filled person with hopes for the future I am today. I really couldn't have got there without you.

Cheers Jane

(names changed to protect identities).

