Making Space Services

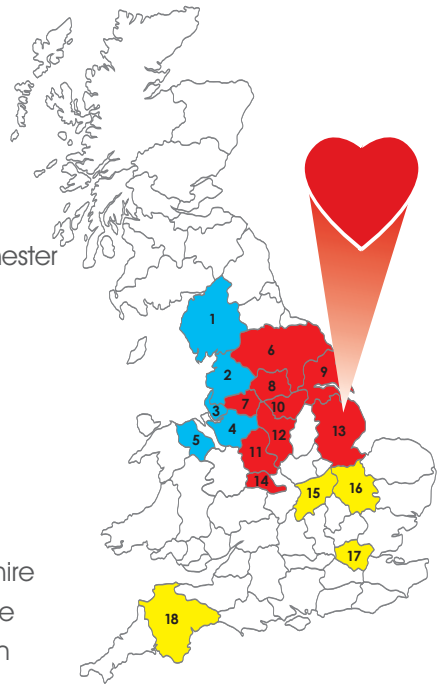
Making Space was founded by, and for, people who understand exactly what it is that makes their local area tick.

Today we're continuing to grow from our base in Northwest England by staying faithful to these ideals...using our years of successful experience to apply new service models, embrace innovative treatments and therapies, and expand our services into new regions throughout the UK.

Making Space services will always be locally delivered...for local people.

Where you'll find our services

1. Cumbria
2. Lancashire
3. Merseyside
4. Cheshire
5. Denbighshire
6. North Yorkshire
7. Greater Manchester
8. West Yorkshire
9. East Yorkshire
10. South Yorkshire
11. Staffordshire
12. Derbyshire
13. ***Lincolnshire***
14. West Midlands
15. Northamptonshire
16. Cambridgeshire
17. Greater London
18. Devon



Making Space ♥ You

A wide variety of people are involved with 'making' Making Space...the kind of people that support other people to find ***the freedom to enjoy an everyday life***.

- ♥ People with mental health conditions
- ♥ People with learning disabilities
- ♥ People with dementia
- ♥ People who are carers for any of the people above
- ♥ NHS and Local Authority commissioners of services
- ♥ Community mental health practitioners
- ♥ People who may be looking for paid work or volunteer opportunities with Making Space
- ♥ Employees of Making Space
- ♥ The Making Space membership

If you are any of these people, and you are interested in any aspect of the services we deliver, please always feel free to get in touch and let us know what you're thinking.

Contact

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INVESTORS IN PEOPLE
MINDFUL EMPLOYER

THE FREEDOM TO ENJOY AN EVERYDAY LIFE
making space

Making Space ♥ Lincolnshire

Services for people with mental health conditions, learning disabilities and dementia... *and for their carers.*

For almost 30 years, Making Space has been providing essential personalised support and enablement services for people with mental health conditions...and for the people who are their carers.

Today, this invaluable experience is also used to deliver care, support and enablement services for people with learning disabilities and people with dementia – as well as their carers too.

In fact...Making Space is all about people... people we ♥ to work with

People with mental health conditions

People with learning disabilities

People with dementia

People who are carers

They all know that we are wholly committed to our vision of helping them to find the ***freedom to enjoy an everyday life***.

Making Space Services for people with **mental health conditions**

- Domiciliary Care
- Supported Housing
- Befriending and Mentoring
- Employment Development
- Floating Support
- Social Inclusion
- Residential Accommodation
- Computerised Cognitive Behavioural Therapy (CCBT)
- BME Community Development Services
- Service User Involvement
- Crisis Recovery and Support
- Personalisation

Making Space Services for people with **learning disabilities**

Healthy Living Service

- Access to community health and leisure services
- Improving health and wellbeing
- Encouraging social, recreational and physical activity
- Advice on finding voluntary or paid work

Nursing Care

- Relaxing and safe Residential Accommodation
- Learning Therapies
- Art, Music and Entertainment

Making Space Services for people with **dementia**

Dementia support, information and peer support services

- Dementia Cafés
- Informal atmosphere
- Social Inclusion
- Guest Speakers
- Advice and Guidance
- Peer Support
- Fun activities

Independent Hospitals

- Safe and relaxing atmosphere
- Reminiscence Therapy
- Multi-sensory Therapy
- Activities of Daily Living
- Art, Music and Entertainment
- Community and Spiritual Support
- Day trips and visits
- Dementia Care Mapping

Making Space Services for **Carers**

- Information, Advice and Guidance
- Peer Support
- Local Carer Support Groups
- Carer Breaks
- CCBT
- Dementia Cafés
- Befriending Schemes
- Carer Involvement
- Carer Assessments
- Courses and Conferences