



SANDALWOOD

A social centre for people living with Dementia
and long term health needs.



Sandalwood Close, Wheatley Hills,
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making
space

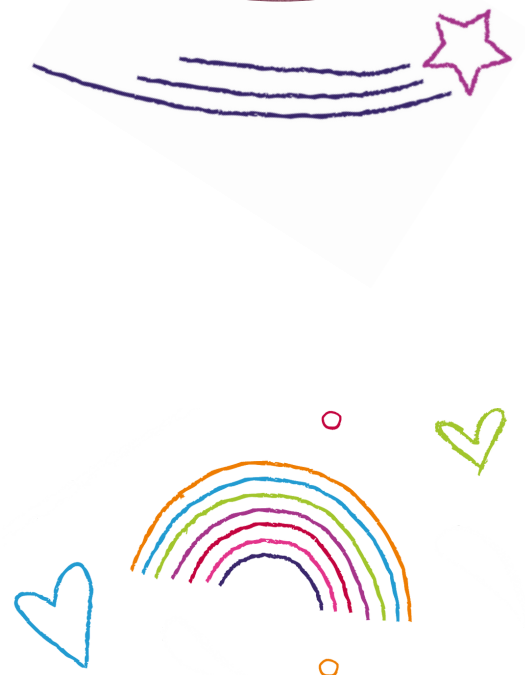
A BRIEF HISTORY OF SANDALWOOD



Sandalwood is an established purpose built, social centre for older people with long term health conditions.

It was first opened in Wheatley Hills, Doncaster in 1996 and has gone from strength to strength as a service that is a centre of excellence when it comes to care and support for people living with Dementia.

Sandalwood is a Making Space service, a leading charity who have been supporting adults with care and support needs, and their carers, to lead independent and fulfilling lives since 1982.



WHO USES OUR CENTRE?

- Older people aged 55 years and over
- People living with Dementia
- People with long term mental and physical health issues
- Lonely and isolated people



CARE TEAM



Your care team at Sandalwood will include:

- **1 Team Leader / Manager**
- **1 Senior Support Worker**
- **1 Cook**
- **5 Support Workers**

Our team provides support 5 days a week from **8:30am to 4:30pm**.
The service can offer support outside of these core opening hours, by arrangement with the management team.

This staff team have extensive experience and qualifications. Many are also current or former unpaid carers and fully understand the challenges for working carers and for carers who are struggling in their caring role and need respite, information and support.

OUR 7 KEY AIMS



- 1 To provide a warm, welcoming, safe and Dementia friendly environment for people using the centre and their carers and family members.
- 2 To provide regular refreshments throughout the day and a two course, nutritious hot meal for everyone. Particular attention is paid to dietary needs and allergies. Staff provide one to one support to ensure people are assisted with eating and drinking where necessary.
- 3 To provide an individual support plan and risk assessment for each person using the service. This can involve staff providing personal care with bathing and continence management.
- 4 To provide meaningful activities for people who attend the centre, encouraging new interests and renewing previous hobbies, as well as helping people to build their confidence around other people. The service has a wide range of craft and activity equipment, as well as Dementia friendly tools to encourage reminiscence. Music is an important part of every day, and singing and dancing is a regular feature of the service.



5 To ensure that the experienced and dedicated staff team within the service continue to prioritise their own personal development. All staff are qualified to Level 2 in Health and Social Care. They are also qualified in the Best Practice in Dementia Care, a certificate which is accredited by Stirling University.

All staff have completed a wide range of mandatory training including First Aid, Moving and Handling, Basic Food Hygiene, Fire Awareness, Health and Safety and Safeguarding of Vulnerable Adults. The management team at the service are qualified to Level 5 in Health and Social Care. They are also qualified Dementia Care Mappers, accredited with Bradford University.

6 To ensure that this service remains well connected with other statutory and third sector health and social care organisations which are focussed on the care and support of older people in the community. Our service is committed to supporting older people to live as independently as possible in their own homes by providing a range of social opportunities every day, for people living alone to be with others.

7 To provide much needed respite support for carers and family members who are in need of time to themselves, to be free to enjoy life away from their caring role, albeit for only a few hours each day.



WHAT DO WE PROVIDE?



Sandalwood offers a purpose built ground floor building, in its own grounds. Care is taken to ensure that Sandalwood offers a warm and welcome atmosphere. There is a very popular memory room/parlour, designed as a reminiscence experience for people, with wall murals and antique furniture.

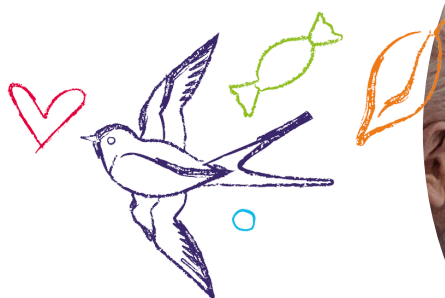
All bathroom and toilet facilities are Dementia friendly, with an ambilift for bathing and an adapted bath. Other features include raised toilet seats, extra red hand rails for support and red toilet seats.

Carpets are of one colour to help people with sight impairment. We have a loop system in place for people with hearing impairment. Chairs and tables have been especially sourced for stability, comfort and ease of use.

Sandalwood also has an extensive, private and safe Dementia friendly garden with colourful, sensory plants, a water feature and a special area for seating and bird feeding.

A hot nutritious two course meal and regular refreshments throughout the day. Special attention is given to each person's dietary needs and any food allergies. Alternative menu choices are available if requested.

We also provide meaningful personalised activities for people either one to one or in small groups, regular live musical entertainment and planned activities and trips away from Sandalwood.





WHAT DO PEOPLE SAY ABOUT US?

The people we support

"I enjoy doing my jigsaws with staff. I have done quite a few and two of them have been framed in the centre".

"I love my food and I always try to thank Sharon for a lovely dinner".

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Carers and family members

"I couldn't do without you. The two days give me the break I need to help me go on. Thank you for all you do for us".



"If it wasn't for Sandalwood I don't know where we would be. When my Mum comes to Sandalwood, she is well looked after and cared for. In fact, she is thriving. She is eating good food that my Dad wouldn't make for her each day. She also loves dancing and she gets to do this 5 days a week".

"To Janet and all the staff, just to say thank you for looking after my Mother. I know that she loves coming to Sandalwood and I am so pleased that she got to spend her last couple of days with you all".

"Since my wife has been coming to Sandalwood I can see the love and care that you give. I am grateful for the daily written update so that I can see what she has eaten and what she has been doing. I can see that she is having the best time possible with you all and I am so glad that I moved her from her previous centre. It is good for her and peace of mind for me".

OUR PRICES AND OFFERS

- **£65** for a full day (8:30am - 4:30pm)
- **£35** for either a morning (8:30am - 1pm) or afternoon session (12pm - 4:30pm) with lunch included at each session
- We also have **free taster half days** so you can visit and see if Sandalwood is the right place for you

We charge a £20 cancelation fee each day, if you need go to into respite care or if you go on holiday and you are not able to attend Sandalwood on your usual day/s. This is ensure your place is held open.

To make a referral you can contact the Sandalwood team directly on



01302 327318



sandalwood@makingspace.co.uk

They will be happy to arrange a visit for you and to give you any further information about the service.



If you would like this leaflet in a different language or format, please contact **marketing@makingspace.co.uk**

Head Office

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